



Newsletter

Getting You Involved

KDN 1505 (6067) Issue 67

PAAM JANUARY 2011

9th FOSAAS meeting in Pattaya-Thailand



The 9th.FOSAAS Meeting was held at Pattaya-Thailand on 23rd -25th November with the theme: "Awakening AOTS Alumni, Opportunities are waiting you in ASEAN".

All the 13 member societies and representatives from the alumni took part in the convention together with Mr. K. Kaneko, the President of AOTS Japan and representatives from Romania, Sudan, Sri Lanka and Paraguay. The convention was a great success, having been able to garner the strong commitment from all FOSAAS' Presidents & representatives



Full coverage on Page 3

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Tan Sri Dr. Sulaiman bin Mahbob

Panel of Advisors
Datuk Lim Fung Chee
Badaruddin Mohd Ariff
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President
Yang Chor Leong

Vice President
Tan Teng Ek

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6th Afro-Asian Entrepreneurs Program 2010 in Kuala Lumpur, Malaysia



AAEP Group Photo

The Persatuan Alumni AOTS Malaysia (PAAM) has successfully concluded the 6th series of its Afro-Asian Entrepreneurs Program (AAEP), with AOTS participating in this first pilot project now called **TRIANGLE PARTNERSHIP PROGRAM**, by sending in two expert guest speakers, Mr. Yasuhiro Osawa and Mr. Alan Yoon Lee Ng.



Invited guests during opening ceremony

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More coverage on Page 4 & 6

The President's Message



A Very Happy New Year to all our members and readers, as we bid farewell to 2010. It is hoped that the New Year will bring us much joy and happiness and most of all good health too.

It has been a busy month for me getting involved with the many activities since October and many of which were very significant for the alumni. By the time I wanted to take a break, it was already the year end as we had just celebrated Christmas. And now we are ushering in the New Year.

On October 11-13th, I was invited by the Egypt AOTS Alumni Society to share my knowledge in the field of Supply Chain Management (SCM) with a group of 50 SCM practitioners in Cairo. The program was supported by the World Network Friendship (WNF) project. The response was over whelming with great enthusiasm from the group of participants who took the interest and requested to form an institution for professional development in SCM. I fully support this noble act. I am grateful to the Egypt Alumni especially Professor Adel and his committee for organizing the 3-day program and also having planned my 1 week itinerary touring Egypt, covering the Suez Canal up north to the southern part of Luxor & Aswan. It was indeed a memorable experience for me to be able to see one of the early civilizations and the best world heritages one can imagine.

Our Afro-Asian Entrepreneurship Program (AAEP) which is now known as "Triangle Partnership Program" was successfully held from 9-16th November in Kuala Lumpur. We had guest speakers from Japan and Singapore together with our facilitators for this yearly program. Though this time around the group was smaller, mainly participants from Egypt, Bangladesh and Sudan, the program was very well accepted and fruitful. Thanks to the dedicated working committee members

and our staff members under the leadership of our honorary secretary Ms. Maggie Yap.

The Federation of Southeast Asian AOTS Societies (FOSAAS) convention was held in Pattaya-Thailand on 24-26th November. Encik Aziz and I represented PAAM and Mr.HL.Lee of ABK Penang joined the group of 6 ASEAN countries. There were also representatives from Romania, Sri Lanka, Paraguay and Sudan in this great event. There were series of dialogues and meetings with emphasis on collaboration and focused on regional development. I was privileged to head and chair one of the group discussions on human resource & regional development. I was also elected the Vice Chairman of FOSAAS. At the end of the convention the Pattaya Declaration was firmly established and formed with strong commitment by all Presidents and Representatives.

For the very first time on 8 & 9th December, we had the opportunity to have joint collaboration with the Japan Engineering Advancement (ENAA) to conduct a 2 day workshop on "Project Management". The program was well responded with 29 participants, including some of our committee members.

On a lighter note, I was invited by the Embassy of Japan in Malaysia on 22nd December for a dinner reception at the H.E. Ambassador' residence to celebrate His Majesty the Emperor of Japan 77th Birthday.

Taking this opportunity, I would like to wish all members and readers a very Merry Christmas and Happy New Year 2011.

President
CL Yang. PJM



Newsletter – PAAM No. 67 January 2011

Newsletter, PAAM quarterly bulletin, first published in 1988 distributed to ex-trainees under the AOTS training program and to participants of PAAM activities. In addition to PAAM Branches in Kota Kinabalu, Kuching and Johor Bahru, it is also distributed to AOTS overseas offices, AOTS alumni societies in other regions and local corporate members.

The Newsletter aims to improve communication between PAAM and readers by providing information on PAAM activities. PAAM editorial staff always make efforts to further improve the quality of its content, making it a pleasure to read and would be more than happy to receive articles on personal experiences and news. We welcome comments and suggestions.

Chief Editor

Central Committee Members of PAAM

President :
Mr. Yang Chor Leong

Vice President :
Mr. Tan Teng Ek

Honorary Gen Secretary :
Ms. Maggie Yap

Honorary Asst. Gen. Secretary :
Mr. Yap Choon Ming

Honorary Treasurer :
Mr. Khor Kai Tong

Honorary Asst. Treasurer :
Mr. Siao Kent Wah

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Mr. Lim Eng Swee
Mr. A. Aziz Y. Kamaruddin
Mr. Balaganesh G. Pavadai
Mr. Lee Eh Sin
Mr. Subramaniam Narayanan
Mr. R. Chinniah
Hj. Mohd Hakim Mohd Nor



Getting to Know Your CCM - Committee Member

Name: Mr. Balaganesh G.Pavadai

Background

Mr Bala attended Technical Training in PCB & FPC Technology in YKC, Yokohama (1995) and host company Nippon Steel Groups Japan. After attending the Technical Training course, he actively involved himself in PAAM activities. Currently he is a member of the Central Committee for (2010/12) and also for past 2 terms (2006 to 2010)

Career

He has clocked in altogether 18 years of working experience in Industrial Engineering , PCB Manufacturing , FPC Manufacturing and Quality Assurance / Quality Control (TQM). Including comprehensive working knowledge in QMS / EMS / OHSAS as Management Representative, Asst team leader in RoHS / WEEE Regulation & Compliance and Green Procurement System, and Safety Team Leader and Secretary for Company Safety Committee. Currently working as QMS Lead Assessor at LRQA Services Malaysia, Lloyd's Register of Shipping (M) Bhd. Kuala Lumpur.

Family

Married and blessed with two children, a son aged 15 and a daughter aged 11 years old.

9th FOSAAS meeting in Pattaya-Thailand

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The objective is to strengthen friendship among alumni in promoting ASEAN Charter. As we are fully aware, the ASEAN Economic Community (AEC) emanates from the ASEAN Leaders vision to transform ASEAN into a single market and production base that is highly competitive and fully integrated into the global community by 2015.

As a progression, all FOSAAS members should take this advantage to develop and identify the priority measures and actions with clear targets and timelines to achieve our goal as ONE.

During the convention, a task force was formed with total involvement of all present presidents and their representatives. It is further agreed to conduct meetings every 6 months to monitor the progress of all undertakings.

The inaugural pilot-project will roll out by early March 2011 with a lecturing tour headed by Mr. Cheovet Yimsirikul from Thailand. He is the expert and founder in Human-ware concept with Value Engineering Approach. The theme for the project is on "Demand Side Management by Human-ware Approach Technique" such program had been successfully implemented in Thailand with some of the Global Companies.

The organizing secretariat for joint project of the alumni will be based in Bangkok and I was given the honor to lead the task force and was elected as the Vice Chairman of FOSAAS. Other members of the task force are Mr. Ruben Laraya from the Philippines and Ms. Maliwan Dejaritt from the Thailand.

The Pattaya Declaration 2010 was signed with the blessing of all Presidents and Representatives of all respective alumni.



WNF Program in Supply Chain Management held in Cairo-Egypt



Participants with Prof. Adel and Mr. Yang (center)

On 11-13th October with the courtesy of an invitation from the AOTS Alumni Society of Egypt, I was honored to have the opportunity to conduct a program on Supply Chain Management (SCM). It was held at the Industrial Training Council Modernization Centre in Cairo. The program attracted more than 50 participants including 2 candidates from Sudan.

The objective of the program is to share with them some of the best practices in SCM. It also highlighted the Malaysian experience in implementing SCM and the role played by the Malaysian Institute of Purchasing & Materials Management (MIPMM) as a platform in promoting the profession in SCM.

TRIANGLE PARTNERSHIP PROGRAM THE 6th AFRO-ASIAN ENTREPRENEURS PROGRAM 9th – 16th NOVEMBER 2010, KUALA LUMPUR, MALAYSIA

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When AAEP first started in 1999, it was originally intended for members of the African Federation of AOTS Alumni Societies (AFAAS). However as AAEP progressed, other AAS members were admitted into the programme.

For the 2010 AAEP, participants were:

From Egypt	Mr. Hamdy Mahmoud Sanad (Autocool Co.) Mr. Mostafa Ali Mohammad Tawfik (EL Tawfik Plast.) Mr. Ibrahim Mustafa Ibrahim Mouhamed (AOI-Electronics Factory) Mr. Hassan Ibrahim Abdel Khalek Ahmed (National Food Company) Mr. Said Ahmed Mansour Hegazy (National Food Company)
From Bangladesh	Mr. Md Abdul Alim (Confidence Steel Ltd) Dr. A.S.M Ansarul Islam
From Sudan	Mr. Yousif O Khalifa Hussain

The one week programme started on 9th November 2010 with Mr Yasuhiro Osawa taking the whole day presentation. The 8-day programme ended on 16th November 2010 ie a muslim festival called Eid al-Adha (Festival of Sacrifice). Because of the festival, two participants had to leave a day earlier to be able to go home and celebrate with their loved ones.



Farewell dinner at Royal Lake Club KL



Last day of AAEP

The Organising Committee took six months to plan and eventually was able to successfully implement the following course schedule:-

- Day 1: Japanese Way of Learning by Mr. Yasuhiro Osawa
- Day 2: Total Quality Management by Mr. A. Aziz Y. Kamaruddin
- Day 3: Factory visit to Sumitomo Electric Sintered Components and UMW Toyota and a unplanned visit to Small and Medium Enterprise Exhibition in Kuala Lumpur
- Day 4: Strategic Supply Chain Management in Challenging Business Environment by Mr. Vizayer Raj
- Day 5: The participants were taken for a visit to Putrajaya and Islamic Arts Museum in Kuala Lumpur
- Day 6: Off Day
- Day 7: Entrepreneurship: Characteristic of Business in Singapore/Tips for Success as Entrepreneurs by Mr. Alan Yoon Lee Ng
- Day 8: Factory visit to Autoliv Hirotako Sdn Bhd on "Autoliv Production System" and the closing ceremony

WHAT SHOULD I TAKE FOR BREAKFAST?

By: Mr. A. Aziz Y. Kamaruddin

A friend asked me a simple question: 'Are cereals, oats and wheat, etc good for breakfast nourishment?' Answering this question, as a student of nutrition like me, is quite difficult.

The ancient Romans worshipped (as the giver of grain) the goddess Ceres - hence the word cereal for grains. The true cereals are barley, maize, oats, rice, rye, and wheat.

The breakfast cereals that you get off the supermarket shelf in colorful packaging are very convenient but not necessarily nutritious. What you need to eat should be 'whole meal'. Whole meal means that it has 'not been refined'. Refined = the good parts of the cereal such as the bran and germ - the embryo! - have been removed ... and fed to the cattle! White bread, croissant, and your Dunkin' Donut are made from refined flour (wheat) and they are unhealthy. Why unhealthy? Because they have a lot of food additives (e.g. bleach - to give you white beautiful flour, similar in concept to you bleaching (using Clorox) your clothes to have them shining white). Do I eat donuts? Yes - about once a year. Croissant? - when I am having breakfast in a hotel, but I eat the fruits first. White bread? - when they offer tuna sandwich at seminars.



Among the cereals, wheat is the worst because it has the most 'gluten' (a protein) that can adversely affect your immune system (i.e. you become less healthy). Gluten is also hard to digest (leading to coeliac disease etc), and its protein quality is not high. Rice has no gluten, and the best protein quality. So your nasi lemak (the coconut milk is a healthy oil) with cucumber (good for your skin), kacang (nuts are healthy), sambal (chili helps increase your metabolic rate, and blood circulation), ikan bilis (anchovies have good omega-3 essential fatty acids) and egg (egg white is the best protein, after mother's milk - but please don't start drinking your baby's mother's milk after this!) is actually a good breakfast. But don't overdo this goodness by having an extra helping of the rice - too much carbohydrate leads to many health problems! A better choice is brown rice. Brown rice may not be popular because it tastes different and is also more expensive.

What is a good breakfast for me? 1. A piece of papaya with lime squeezed on it, or a freshly squeezed orange juice (not the bottled or canned or packet - they contain food additives, and may also contain fungus... yuch!), OR 2. An egg (your protein has been used up during the night, to repair your body). An egg omelette with mushrooms, onions and paprika (but NO SALT) would be better.



What do I take for breakfast? No food - only coffee with a powder supplement to control my blood sugar. Will start eating breakfast once I fully retire.

Thank you for your taking an interest in your health! Hasta la vista.

DOZO (Please, go ahead)

By: Mr Tan TE

I had written about the handy Japanese word, DOMO in the past issue of PAAM Newsletter. This word can mean "thank you" or "I am sorry".

Another handy Japanese word which is often used is DOZO which means "Please, go ahead" or just "Please". It is often used when you are urged to go ahead like asking permission to pass or to do something first. The Japanese will normally respond with "Dozo".

As an example, when you and a Japanese are about to enter through a door of a building, you can say "Sumimasen" and he will allow you to go first. He will most likely say "Dozo" to you meaning "after you, please". But if you should stop and let him enter first by saying "Dozo", he will most likely rather coyly say "Domo" meaning thank you.

There are many ways that the Japanese will pronounce the word "Dozo". Sometimes it is pronounced with a little emphasis on the first syllable "DO" and a little drag on the second syllable "ZO". Sometimes it is said in a little sing-song way, with a long drag on "ZO".

So the next time you wish to invite a visiting Japanese to enter your house or give way to someone or even allow him try something, the most useful and meaningful word would be "DOZO..."



Happy Japanising!!! Warmest regards.

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Throughout the program, participants interacted with the speakers with enthusiasm. Through our observations and feedbacks from participants, the following challenges faced needed to overcome included:

- 1) Lower subsidies from WNF. Many third world countries feel that the subsidies can be increased to enable more participation.
- 2) WNF to approve the programme at least one year ahead and this will provide ample time for recruitment.
- 3) WNF to market AAEP to worldwide AAS as support network.
- 4) To get AAS involvement in recruitment and participation fees collection as participants faced difficulty to remit payments.
- 5) How to avoid last minute cancellation and withdrawal.

It is without doubt the hard-work and cooperation put in by the respective countries' alumni societies, the PAAM Secretariat and organising team members, partner companies, AOTS/WNF committee members, PAAM CCM and Berjaya Time Square Hotel's staff made a tremendous contribution towards the smooth implementation of the programme. The sacrifices made were small in comparison to the new friendships and happy faces which are results of a successful program. We hope that the participants benefited a lot from this programme and will be able to implement the many ideas and suggestions gathered during their course here.



Closing ceremony

Organising Team Members:

- Maggie Yap
- Yang Chor Leong
- Yap Choon Ming
- Khor Kai Tong & Siao Kent Wah
- Angela Saul & Haslinda Yahya

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On the final day of the program, we had a panel discussion headed by Professor Adel who is the Secretary General of the Egypt counterpart and with the representatives from the industry. The ad-hoc committee was formed to spearhead and to initiate the establishment of a National Egypt Society for Materials Management to increase the awareness and to promote the profession of SCM for the industrial and service sectors.

There were several meetings held with other government agencies after the completion of the SCM program and a visit to the 10th Ramadan City and Industrial Park.

It was a great experience having spent almost 2 weeks in Egypt including sight seeing to some of the most fabulous sights like: The Great Pyramid Giza, the Sphinx, the Nile Cruise and many others.

Taking this opportunity, I would like to thank the AOTS Alumni Society of Egypt and the honorable host Professor Adel and his family and also his committee members who had played a great host with the warm hospitality throughout our stay.



From left : Professor Adel, Mr. Yang Chor Leong and two representatives from the industry



Mr. Yang explaining some interesting facts to the participants

Heartfelt Condolences to the Family Members of the late Tan Sri Datuk Zainal Abidin Bin Sulong

Our deepest and heartfelt condolence to the family members of the deceased and also to our former Chairman of Board of Advisors for this great loss of a dear friend. We are saddened by the sudden news. Our thoughts are with all of you at this most difficult time of loss. We will always remember Tan Sri Datuk Zainal Abidin Bin Sulong close to our heart for his great contribution to the Association.

Let's hop into

2011



New Year Greetings

Resolution

" I will be 60 in 2011 and from then on i wish to count my age backward."

" I will be working very hard to make PAAM Newsletter much more informative and interesting."

" I always want to visit Turkey, I wish I will able to do it in 2011."

" I will be working on 25% increase in PAAM membership."

-Tuan Haji Mohd Hakim-

" Live more healthy life style. "

" Travel more to see the world. "

" Spend more time with family members & friends. "

-Tan Teng Ek-

" To live healthy and harmony among all people."

" To organize more activity in PAAM."

-Yap Cheon Ming-

What's new?

1) Tea-talk : **Onomatopoeia*** (Elementary/ Intermediate)

Date : 27th February 2011

Time : 8.30 a.m to 1.00 p.m

Venue : PAAM Office.

***Onomatopoeia** words are adverbs that imitate sounds to describe actions, manners, feelings or states of human, animals or the surroundings. You can find many words in Japanese which directly express sounds or voices such as the " zaazaa" on the rainfall or "pekoeko" on an empty stomach. By understanding the formation and the application of onomatopoeia words in Japanese you will be able to express yourself better and enjoy a good conversation despite your limited vocabulary.

2) PAAM 26th Annual General Meeting

Date : 17th April 2011

Time : 8.30 a.m to 1.00 p.m

Venue : PAAM Office, Damansara Jaya

3) PAAM 25th Silver Jubilee Celebration

Date : 22nd May 2011

Time : 7.00 p.m to 11.00 p.m

Venue : Saujana Ballroom, The Saujana Hotel Kuala Lumpur

4) HIPPO Homestay Program @ Tokyo, Japan

Date : 27th May 2011 to 3rd June 2011

Duration : 8 days

5) Japanese Language Course

Intake : February / March / April

Time : 7.00 p.m to 9.00 p.m (every Tue & Thu)

Venue : PAAM Office

For more information, please contact
PAAM's office at tel : 03-7726 2863

Welcome a new member

We wish to welcome the following new member into our association.

No.	Name	Course Attended / Activity Participated	Type of Membership (Life / Ordinary / Associate /Affiliate)
1.	Mr. Ngeam Tse Ping	TKC Technical Training course 8th March 2006 – 2nd March 2007	Life Membership

Get to know Japanese Language Instructor - Abd. Karim Ishigaki B. Abdullah



Mr. Abd Karim Ishigaki is a part time Japanese language teacher at Persatuan Alumni AOTS Malaysia (PAAM) since May 2009. He studied at TSUKUMI Senior High School, Japan in Electrical Engineering and had been teaching Electronics and Japanese language at different educational institutions before becoming a Japanese language teacher in PAAM.



TRIANGLE PARTNERSHIP PROGRAM THE 6th AFRO-ASIAN ENTREPRENEURS PROGRAM (AAEP) 9th - 16th NOVEMBER 2010, KUALA LUMPUR, MALAYSIA



All participants giving full attention during the lecture



Mr. Osawa presenting his lecture on "Japanese Way of Learning"



Factory visit to Sumitomo Electric Sintered Components (M) Sdn Bhd - Shah Alam



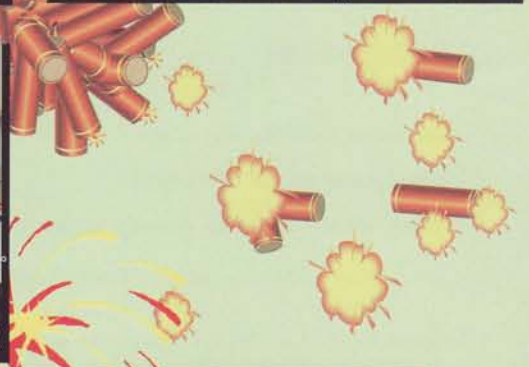
Participants listening carefully the explanation of Toyota history



Mr. Yang and Ms. Maggie presenting a token of appreciation to Sumitomo representative (Mr. Theodore Wong)



Participants in deep thoughts during briefing session at Autolive Hirotako Sdn Bhd (Seri Kembangan)



PAAM staff wedding, in Malacca



Mr. Hideo Igari showing "congratulations" greetings to the bride and groom



From right Mr. Khor, Ms Angela, Ms. Maggie together with HIPPO participants attending Haslinda & Uzaini's Wedding ceremony at Malacca, 10.10.10.



Mr. Hideo Igari with his wife and friends from Japan taking photo with the bride and groom